

# Nutrition Facts

Serving Size 30g ( 1 oz )

Serving Per Container **about 120**

Amount Per Serving

**Calories** 100

Calories from Fat 30

**% Daily Value\***

**Total Fat** 0g 0%

Saturated Fat 0g 0%

*Trans Fat* 0g

**Cholesterol** 0mg 0%

**Sodium** 15mg 1%

**Total Carbohydrate** 23g 8%

Dietary Fiber 2g 9%

Sugars 0g

**Protein** 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9    Carbohydrate 4    Protein 4

**Ingredients: Dehydrated Potatoes.**

**Manufactured by:**

Breedlove Foods, Inc.

1818 N MLK Blvd.

Lubbock, TX 79403



**Product code: 1001**